

ISSUE: Autumn 2022

The magazine from Campbell Park Parish Council

# Homeground

WILLEN WINTERHILL OLDBROOK FISHERMEAD SPRINGFIELD NEWLANDS WOOLSTONE



**Always a warm welcome  
at the Community Breakfast Club  
in Fishermead**

follow us on



[www.campbell-park.gov.uk](http://www.campbell-park.gov.uk)



# MEET THE COUNCILLORS

## WILLEN



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REYNOLDS**  
07899 987532



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DIXON**  
07596 264040

## WOOLSTONE



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HOWARD**  
01908 941584



**DAVID  
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## OLDBROOK



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01908 331935



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07466 132620



**VICE CHAIR  
BRIAN GREENWOOD**  
07956 384000



**KEITH  
JONES**  
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**TOM  
FRASER**  
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**BRIAN  
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GOLDING**  
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## SPRINGFIELD



**FRANCIS  
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07405 394756



**KARL  
KAVARANA**  
07702 026414



**OPHELIA  
COLE**  
07447 499285

## FISHERMEAD



**CHAIR OF COUNCIL  
TERRY BAINES**  
07846 697237



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HALTON-DAVIS**  
01908 696034



**DARRON  
KENDRICK**  
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**MARTIN  
PETCHEY**  
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**ZAMZAM  
OSMAN**  
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## PARISH OFFICE STAFF

**CLERK TO COUNCIL**  
DOMINIC WARNER

**DEPUTY CLERK**  
PERRI SULLIVAN

**COMMUNITY OFFICER / COMMITTEE CLERK**  
TRACEY JONES

**ENVIRONMENT OFFICER**  
JOHN McCLINTON

**RESPONSIBLE FINANCIAL OFFICER**  
P/TIME LISA BRADLEY

**ADMIN ASSISTANT**  
TRACEY WAISTNEDGE

**LANDSCAPE MANAGER**  
SOPHIE GIBBENS

**ADVICE WORKER**  
P/TIME PRISCILLA HOGAN

## HOW TO CONTACT US

T: 01908 608559

E: [admin@campbell-park.gov.uk](mailto:admin@campbell-park.gov.uk)

W: [www.campbell-park.gov.uk](http://www.campbell-park.gov.uk)

Parish Office  
1 Pencarrow Place  
Fishermead  
Milton Keynes  
MK6 2AS

**ALLOTMENT  
PLOTS  
AVAILABLE**

We have a few  
allotment plots  
available for rent  
in Willen and  
Woolstone.

If you are a resident of Campbell Park  
Parish and would like an allotment plot,  
please contact the Parish Office.

For more information call on  
**01908 608559**  
or email [admin@campbell-park.gov.uk](mailto:admin@campbell-park.gov.uk)



# CPPC COMMUNITY HUB

Campbell Park Parish Council



**Since our last update to you, unfortunately there is very little news to report to you on the progress with the Community Hub. We are still awaiting the decision on our Reserved Matters planning application by Milton Keynes City Council.**

The application was submitted in April and since that time we have undertaken some extra surveys in relation to drainage on the site, responding to requests from the Local Flood Authority and Anglian Water. So now we continue to wait for their decision, which we hope to receive any day now!

As soon as we receive notification that permission has been granted, we will review the project programme and let you know when we hope to start construction. Realistically, we are expecting that the construction will now start next summer.

Our Council remains focussed on delivering this project, however, we are mindful of the current financial landscape and the recent increases in interest rates. We continue to keep a very close watch on the construction industry cost forecasts for these types of projects and the likely impact on our build costs. Additionally, we continue to look at the long-term borrowing costs and the impact these increases will have on our budgets. It may be necessary and prudent for us to delay the delivery of some of our other smaller projects until we are in a clearer financial position on the Community Hub project.

## CPPC CONSULTATION

**Once again, we have received a really good level of response to our recent budget consultation, with over 500 households completing and returning the consultation questionnaire to us. Thank you!**

Amongst the topics we asked you about, which included landscaping, services and the precept, this consultation sought your views on the types of services the Hub should deliver.

We will be taking some time over the coming weeks to analyse your responses to this consultation and use your feedback to set the priorities for service delivery at the Hub.

## COUNCILLOR PROFILE

**Brian has recently been co-opted onto Campbell Park Parish Council to fill the vacancy for the Oldbrook Ward.**



**BRIAN  
BARTON**

Brian was one of the first residents to move onto Oldbrook in 1980 and grew up on the estate with his family. He moved away in 2006 to Heelands and served for a while as a Councillor on Bradwell Parish Council, but moved back to Oldbrook in 2019.

Brian was also the youngest elected Councillor on Milton Keynes Council and represented Bradwell Ward between 1996-2000 and was the first Chairman for Adult Social Services when the service was devolved from the former Buckinghamshire County Council.

This is not the first time that Brian has served on Campbell Park Parish Council, between 2000-2006 he represented Oldbrook Ward before he moved away and was Vice-Chair and Chair of the Environment Committee during this time.

Brian works for Woughton Community Council as their Committee & Member Services Officer where he has worked, on and off, for twenty plus years. Woughton Parish borders Campbell Park Parish Council. Previously Brian was the Parish Clerk for Loughton & Great Holm Parish Council, so you could say the Local Government sector is a passion or obsession depending on how you view it!

Brian has recently been appointed the Chair of Trustees on Careers Action and an advisor to RORE (Regeneration of Renewal Estates), and subject to ratification the Older Persons Board.

*Brian said "I am passionate about the Parish & Town Council Sector but more importantly I want Oldbrook to be the best place to grow up, raise a family and for residents to live their golden years in, it is a fantastic community, I am proud to be back on Campbell Park Parish Council and look forward to helping you in any way I can. My contact details are in this edition of Homeground".*





## HOW DO I?

### COMPLAIN ABOUT NOISE DISTURBANCE.

Milton Keynes City Councils Environmental Health Department is responsible for investigating allegations of Statutory Nuisance caused by excessive noise and you can complain directly to them about noise which is causing you a problem.

However, in the first place it may be helpful if you can approach the person responsible for the problem and explain to them the nature of the problem. They may not realise that they are causing you a problem.

You may also wish to contact the **Citizens Advice Bureau** for advice about your rights. Telephone: **0870 1264050** [www.miltonkeynescab.org.uk](http://www.miltonkeynescab.org.uk)

If the above does not help then complaints can be made to the Council's Environmental Health Department

[www.milton-keynes.gov.uk/environmental-health/noise-nuisance/noise-complaints](http://www.milton-keynes.gov.uk/environmental-health/noise-nuisance/noise-complaints)

## MEETINGS

All meetings will be held at either the Oldbrook Centre or Springfield Centre, please see the website for more information.

## COUNCIL MEETINGS

held at the Oldbrook Centre

15th November, 7.30pm

13th December, 7.30pm

17th January, 7.30pm

## COMMITTEES

PLANNING, INFRASTRUCTURE & TRANSPORT

28th November, 6.30pm

9th January, 6.30pm

FINANCE, ADMINISTRATION & POLICY

6th December, 7pm

BUILDINGS & PROPERTY PORTFOLIO

8th November, 6.30pm

13th December, 6.30pm

10th January, 7pm

COMMUNITY & SOCIAL WELLBEING

21st November, 7pm

23rd January, 7pm

COMMUNICATIONS

22nd November, 6.30pm

24th January, 6.30pm

## DARK NIGHT CRIME PREVENTION

Residents are advised that, with the clocks having gone back, now is an important time to check that your home is not vulnerable to burglary.

### RESIDENTS CAN FOLLOW THE CRIME PREVENTION TIPS BELOW:

- keep front and back doors locked, even when you're at home
- install a burglar alarm with a visible alarm box
- fit a door chain and spyhole for extra security
- keep all valuables and keys out of sight and out of reach of doors and windows
- store high value items in a hidden safe
- mark your belongings
- fit energy efficient security lighting
- don't leave spare keys in obvious places such as under doormats or plant pots
- keep items that could be used to break into your property such as ladders, tools and wheelie bins stored safely away
- lock side gates to prevent easy access to the rear of the property
- check fencing regularly to keep it in good repair
- use pea shingle on driveways or under windows, as it crunches loudly when stepped on
- trim overgrown hedges and plants to remove hiding places and improve surveillance
- leave a light on or use a timer switch to make your house look occupied, even when it isn't
- consider joining or forming a Neighbourhood Watch scheme



## Halloween Tea Party

Thank you to everyone that joined us for our Halloween Tea Party on Saturday 29th October at Springfield Centre. There will be a full report and photos in the next edition of Homeground!



# WHY IT MATTERS

**Two thirds of people with dementia live at home. Some still work and drive. There are an estimated 1,596 people over 65 living with dementia in Milton Keynes. 4,242 people will be living with dementia in Milton Keynes by 2030.**

Often people stop doing the things they enjoy in their local community as their dementia progresses because they are worried about getting the support they need. This is due to lack of understanding, stigma of the condition, confusing processes and inaccessible environments.

The impact on people's quality of life and implications on their health is huge, not being able to access parts of community life such as shops or pharmacies; but also other aspects of everyday life such as financial services or leisure pursuits.

We must consider how dementia will impact our local community. So, we are working with Alzheimer's Society in Milton Keynes to make our parish more welcoming and supportive for residents and visitors.

## **Becoming a Dementia Friend is the first step to making our local area dementia friendly.**

A Dementia Friend is somebody that learns about dementia so they can help their community. They turn their understanding into action. From being more patient in a queue to visiting someone you know with dementia.

Dementia Friends can also get involved with things like volunteering, campaigning or wearing a badge to raise awareness.

We need the whole community to get involved. Our businesses, shops, cafes, pubs, hairdressers, plumber, electricians, and window cleaners etc. can become dementia friends and become recognised as 'working to become dementia friendly'.

Activity groups, clubs and faith groups can get involved too. People with dementia and their carers want to carry on doing the things that are important to them. We can all make a difference.

## **See the details below and let's get started!**

**Become A Dementia Friend** - It's easy to become a Dementia Friend. Alzheimer's Society volunteer Ambassadors are running in-person Information Sessions as well as virtual Information Sessions that you can book on to attend. Or you can watch our short online video to join. **Go to: [www.dementiafriends.org.uk/become-dementia-friend](http://www.dementiafriends.org.uk/become-dementia-friend)**

**Become a more dementia friendly business** – For more information and support on how to make your business or organisation dementia friendly contact our Dementia Friendly Communities Coordinator: **[AnnLouise.Taylor@alzheimers.org.uk](mailto:AnnLouise.Taylor@alzheimers.org.uk)**

**Make your Club or Group Dementia Friendly / Dementia inclusive** - For free information about making your art club, walking group, social club in Milton Keynes dementia friendly please contact **[AnnLouise.Taylor@alzheimers.org.uk](mailto:AnnLouise.Taylor@alzheimers.org.uk)**

Alzheimer's Society offers lots of information to help people affected by dementia. Visit the website **[alzheimers.org.uk](http://alzheimers.org.uk)** to learn more and access free online support.

Alternatively, you can call the Dementia Information and Support Service provided by Alzheimer's Society in Milton Keynes on **01908 669404**.



## 5 WAYS TO WELLBEING?

We are continuing with our extracts from the **5 Ways to Wellbeing Toolkit** that has been published by the The Milton Keynes Self Care Steering Group. We hope you find the information and tips it provides helpful.

## THIS EDITION WE ARE COVERING "GIVE"

Individuals who report a greater interest in helping others are more likely to rate themselves as happy.

Research into actions for promoting happiness has shown that committing an act of kindness once a week over a six-week period is associated with an increase in wellbeing.



### Take some time to give and share the kindness around you.

Volunteer in your community



Perform acts of kindness



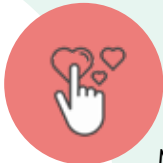
Fund a cause based on your passions



Spend time with people in need



Compliment someone



Make someone laugh



Be emotionally available

### HERE ARE A FEW IDEAS:



**For more information and resources visit**

<https://www.healthwatchmiltonkeynes.co.uk/advice-and-information/2020-06-30/self-care-and-wellbeing-information>



CAMPBELL PARK PARISH COUNCIL

Invite you to our

# Children's Christmas Party



Tuesday 20th December 2022  
2-4PM

AT THE SPRINGFIELD CENTRE



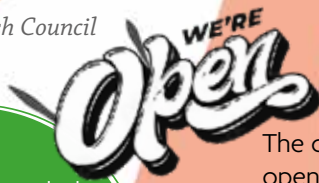
Tickets to this event are FREE, but advance  
booking is required

Tickets will be allocated on a first come first served basis.  
Please contact the Parish Office on 01908 608559 or  
email [admin@campbell-park.gov.uk](mailto:admin@campbell-park.gov.uk) to book your tickets.  
Children must be accompanied by an adult.



## CPPC GRANTS

Campbell Park Parish Council



We recently awarded a grant of £1000 to **MGB Community Services** to support the running of the community breakfast club in Fishermead.

The community breakfast is open **every Monday and Wednesday morning** at Fishermead Trinity Centre, 10am-12noon, and is open to all.

Come along for a hot drink, cooked breakfast (priced per item) and a friendly welcome.

We also awarded a grant of £1000 to **Jumping Beans** to support the running of the toddler group in Springfield.

More information about the group can be found on Page 6

If you're from a community group or charity, who is supporting local residents in the Campbell Park Parish, visit our website to discover more about our grant funding:

<https://www.campbell-park.gov.uk/services/grants/>



## SUMMER FUN AND FOOD!

We were pleased to host Milton Keynes Play Association at the Pirate Park in Fishermead this summer.

MK Play Association were successful in their application to MK Council to deliver play sessions, as part of the Holiday Activities and Food programme, which was set up to help struggling local families by providing a range of activity sessions and with a free meal provided for each child. These sessions were inclusive with provision for children with special educational needs.

There were 8 sessions, each 4 hours long, held during August and attracted participation by over 250 children.



# Twinkle Little Stars Nursery

"Let your Star shine!"

## » Places Available For 2-5 Year-Olds

**FANTASTIC  
NEW NURSERY  
IN FISHERMEAD!**

**Enquire and Book:**

Tel: 07985 280043

Email: [twinklelittlestarsnursery@outlook.com](mailto:twinklelittlestarsnursery@outlook.com)

web: [www.twinklelittlestarsnursery.com](http://www.twinklelittlestarsnursery.com)

**SPECIAL OFFER!**

**JOIN US FULL-TIME AND  
GET 4 DAYS FREE EACH MONTH  
FOR THE FIRST 3 MONTHS!**

**OFFER ENDS 31ST DECEMBER 2022**

- FRIENDLY STAFF
- FUN LEARNING
- SPACIOUS GARDEN AND COURTYARD

### » STAFF VACANCIES AT TWINKLE LITTLE STARS

- ✓ WORK WITH US
- ✓ BE PART OF OUR JOURNEY TO OUTSTANDING
- ✓ SEND US YOUR CV AND UNLOCK YOUR FULL POTENTIAL



# JUMPING BEANS UNDER 5'S STAY AND PLAY GROUP IN SPRINGFIELD

**Hi everyone, just a little info on Jumping Beans Under5's and how we have survived Covid 19 pandemic and are still running.**

It has been quite a strange time for our group, but we are still running. Lots of things have changed but for us it has been the makings of the group, and to say a change is as good as a rest, that has worked for us.

We are a child led informal group with very curious children which makes it even more fun. We have a big mix of members, Mums, Dads, Grandparents, Childminders. We welcome everyone with children under 5

We re-opened June 2021 at the Community Hall on Springfield. We now only open on a **Wednesday 9.30am to 11.30am** term time only at the hall.

**Admission charges** are £4 per adult with up to 3 children under 5 free. Additional children under 5 are charged at 50p. If school age sibling/s attend its 50p per child.

During school holidays we visit the big slide park on Springfield and we also arrange trips out and parties too.

We now pay in advance for our sessions by Bank Transfer or Paypal. Once booked there are no refund or credits for another session, sorry. This has been the making of the group and has made this a stronger supportive group as now we are able arrange everything for the group in advance as we know how many members are attending.

We have a **Facebook group** and **Messenger group** for members to join. Both of these groups keep members up to date with what's going on from week to week.

We have lots of fun activities in the hall also in the garden, water play, sand, paint, bikes & buggies, all sorts of construction, home corner, playdough, singing at the end of the session, books and of course a baby corner and lots lots more. Just a few ideas of what we offer our under 5s to make this a fun session for all.

We offer a snack for all in the middle of the session. For the children we offer toast, fruit and cheese and can cater for food allergies too. For adults there is a self-service hot drinks station and we also offer toast and cheese or cheese toasty, which are very yummy.

We all pitch in to tidy away equipment, wash and dry up, help with making the snacks. With lots of help the group runs very well.



**If you would like to visit the group on a Wednesday,** please Contact **Marion** on **07962 891680** to book your session and to find out more about payments etc.



## UNDER 5's STAY & PLAY GROUP

at  
SPRINGFIELD Community Hall, MK6 3JH

**We meet on Wednesdays  
(term time only)**

**9.30am to 11.30am**

**For more information & to find out how to  
book and pay for sessions  
contact Marion on 07962 891680**



You can find us on Facebook and join the group  
[www.facebook.com/groups/jumpingbeansunder5mk/](https://www.facebook.com/groups/jumpingbeansunder5mk/)



# PLAY AREA VANDALISM

Campbell Park Parish Council

**We were disheartened to learn that the play area between Springfield Boulevard and Turnmill Avenue in Springfield has been vandalised.**

This play area was refurbished only a few years ago as a jointly funded project by CPPC and MK Council, so it is disappointing to see that the basket swing has been stolen and the caps from the tops of the posts on the multi play unit removed. These items are very expensive to replace.

Please be vigilant and if you see any vandalism taking place, please report it.



## CONSTRUCTION RE-STARTED

After many months of the site being dormant, we were pleased to see building contractors back on site in Fishermead, Gurnards Avenue/Pencarrow Place, in October re-starting the works to build 70, 2 bedroomed modular homes.

These will be used by Milton Keynes City Council as temporary housing. We understand the plans for the development include a management office, separate laundry facilities and associated parking.

## Woolstone Pre-School

For children aged 2 - 4 years old



The Community Centre Church,  
Mill Lane, Woolstone, Milton Keynes MK15 0AJ

Opening Times: Monday to Friday 9:15 till 2:45

Call us for more details, or visit our website:

07923 511808

[www.woolstonepreschool.co.uk](http://www.woolstonepreschool.co.uk)



## NEWS FROM

# MK COMMUNITY BOAT ELECTRA

**Electra has had a busy season, carrying over 2,500 guests so far – many getting the opportunity to cruise on a canal for the first time. Everyone says Milton Keynes looks different from the water!**

Cruises continue until December 18th, and then Electra volunteers take a well-earned rest over the winter (apart from maintenance, training, marketing, recruiting, and planning for 2023!)

Electra is a fully enclosed with heating, so you'll be comfortable whatever the weather. The canal is less busy in autumn and through the big picture windows you'll see lovely colours on the banks and wildlife on the water ... and, if you're lucky, a kingfisher or two. There's lots to enjoy in the comfort of our heated saloon, with your choice of hot or cold drink in hand.

**The following public cruises will be running in November/December** from Electra's pontoon mooring below the new flats at Campbell Wharf – all bookable online at [www.bmkwaterway.org/electra](http://www.bmkwaterway.org/electra). On Tuesdays a Half Day Ploughman's Lunch Cruise, or a Red Lion Pub Lunch Cruise, to Fenny Stratford and back. On Wednesday and Sunday mornings Coffee & Cake cruises, and on Friday lunchtimes our popular Fish & Chip Lunch cruise. Autumn Charters are available on Thursday and Saturday mornings until mid-November, with a choice of catering.

From 15 November to 18 December Electra gets decorated inside and out for the season. There will be public **Mulled Wine & Mince Pie cruises** every Wednesday, Friday and Sunday, and Season's Greetings Winter Charter cruises every Tuesday, Thursday, and Saturday. Perfect for pre-Christmas get-togethers!

## LOOKING AHEAD....

Electra will start cruising again from April 2023, with a wide range of public cruises, and regular charter slots on Thursday and Saturday mornings, afternoons, and summer evenings. If you'd like to plan a charter for a special occasion in 2023, email us at [bookings.electra@bmkwaterway.org](mailto:bookings.electra@bmkwaterway.org) and we will Hold The Date and confirm details in February, once our new booking system is in place.



## PARKING AROUND THE SCHOOLS IN THE PARISH

We have received some complaints about poor parking at peak times outside schools in the Parish.

If you do have to drive to school please park responsibly, safely and be considerate to local residents when parking in the surrounding streets. Please ensure you are not parked on the pavement, blocking or parked on a resident's driveway.



**Could you support YMCA MK by hosting a Soup Supper?**

You can support YMCA MK this winter by buying a book or hosting a soup supper. All you need to do is invite some friends around, make a soup from the book and raise money for a local charity. Don't forget to tag them on social media **#SoupFestMK**.

## CAN YOU HELP SOME OF OUR ELDERLY RESIDENTS IN SPRINGFIELD?

Some of the older residents of our Parish who live in Springfield Court, the Sheltered Housing complex in Springfield, need some help to maintain their small, allocated gardens.

We are looking for some community-minded volunteers to help them with some gardening on a regular or occasional basis.

### COULD THIS BE YOU?

The tasks would include helping the residents keep their outside space tidy; helping to trim plants & bushes etc so they can enjoy their gardens.

You would only be asked to do relatively simple tasks, that they are no longer able to do for themselves.

If you are able to help, or would like more information, please contact the Parish Office in the first instance and we will put you in contact with Springfield Court.



01908 608559

or email  
admin@campbell-park.gov.uk

## VOLUNTEERING MATTERS

### Volunteer drivers wanted!

Could you volunteer to drive someone to healthcare and essential appointments?

If so, Milton Keynes Volunteer Drivers Service needs you to support your local community!



- ✓ As much or as little time as you can
- ✓ A full, clear driving licence
- ✓ Use of your own vehicle

#### What we provide to you:

- Expenses at 50p per mile
- Full training
- DBS Check
- Volunteer Manager for support

Get in touch : 01908 670309

miltonkeynes@volunteeringmatters.org.uk

## YMCA MILTON KEYNES LAUNCHES SOUPFEST MK

YMCA MK has launched a soup recipe book as part of a brand-new fundraising campaign. Featuring 24 recipes, the book is a collection of soups gathered from restaurants, businesses and community groups from across Milton Keynes.

The book will be available to buy in John Lewis in their Milton Keynes branch, HomeGround Café (North Sixth Street, CMK) and on the YMCA MK website. 100% of the proceeds go directly to YMCA, supporting young people in Milton Keynes. At just £5 a book it will make the perfect stocking filler this Christmas.



**MGB**  
COMMUNITY SERVICE  
MGB Community Service  
**BREAKFAST CLUB**

**OPEN HOURS:**  
MONDAY 10AM TO 12PM  
WEDNESDAY 10AM TO 12PM

**LOCATION:**  
FISHERMEAD TRINITY CENTRE  
MILTON KEYNES, MK6 2LA

**M | E | N | U**

Sausage - 35p, Bacon - 35p, Mushrooms - 35p  
Omelette - 35p, Fried egg - 35p, Scrambled eggs - 35p  
Cake - 35p, Hash Browns - 30p, Beans - 30p,  
Tomatoes - 25p, Toast - 25p

**DRINKS**  
Juice - 50p, Coffee - Free & Tea - Free

Bringing the Community together  
Eat, Drink, Relax and Socialise

**Maria: 07808288410**

**harry's rainbow**

## SUPPORTING BEREAVED CHILDREN

Harry's Rainbow are an award winning well established child bereavement charity supporting children and young people who are grieving the death of a parent or sibling.

### WHAT SUPPORT DO WE OFFER?

Please visit our website for more information about the services we provide

Rainbow Groups	Memory boxes	Therapeutic mentoring
Rainbow Retreat	Trips	Wellbeing Activity Packs

**CONTACT US**  
Email: emma@harrysrainbow.co.uk  
Telephone: 01908 061676  
[WWW.HARRYSRAINBOW.CO.UK](http://WWW.HARRYSRAINBOW.CO.UK)

PLEASE SCAN THE QR CODE OR CALL US FOR MORE INFORMATION

*"As a family who registered not even a year ago we are blown away by this wonderful charity! What they have done for us no words can truly express! We now no longer feel alone & we feel supported!"*

# LANDSCAPING REPORT

Campbell Park Parish Council

**In the world of landscaping no season is the same. Last year due to the very wet weather conditions our mowing season began early and we were cutting the grass continuously into October.**

This year however we have experienced a much drier spell and have been on a reduced mowing schedule. This has meant that we could turn our attentions to other works such as completing a larger number of residents enquiries. We managed to complete almost all tickets before the winter season schedule was put together, except for works that fell within bird nesting restrictions (March-Aug) or are on the schedule to be carried out by our tractor-flail.

We were also able to complete much needed works across various sheltered housing complexes within the parish and also cut back the long stretches of laurel hedge lining Fishermead Boulevard.

These are all very time-consuming jobs and completing them before the official start of the winter schedule means we can cover a much greater scope of work over the coming months.

## WINTER SCHEDULE

Our winter schedule began at the start



of October, and it will follow a similar format to last year; Pre Christmas will be in Fishermead and then moving into Oldbrook, post-Christmas into Springfield then Woolstone and Willen.

Our tractor-flail will be working independently so you will see various larger hedge works being done across all estates at any point in the programme.

If you have any areas of concern that you feel should be considered for the programme of works please use the landscape enquiry form on the CPPC website.

## BIODIVERSITY A GREENER WAY OF WORKING

We are conscientious on taking steps to increase biodiversity and a greener way of working. As a landscaping team

with a direct contact with nature it is important to us that we can work to help the local flora and fauna around us flourish.

In the summer we have been leaving 'wild areas' and have reduced our herbicide application to once per year opting to trim the weeds through the rest of the season.

**During the winter we will stop chipping our logs, instead opting to make log piles for animals to use as a nest during the colder months, particularly hedgehogs who nest above the ground.**

We also chip directly back into where wood is cut to increase the fertility of the soil and act as a natural weed barrier.

We use Eco plugs where possible, this allows us to directly feed the chemical into unwanted wooded weeds eliminating spread to other plants and soil.

We have swapped to **eco-friendly alternatives** of chain oil and two stroke. We will continue to make changes where possible.

We have also been trying out various battery-operated machinery. Due to

## Thank you!

Our Landscape Team were thrilled to receive a thank you card and box of chocolates from a grateful resident, given as a mark of appreciation for the excellent work the team had undertaken recently in Fishermead.

Our Landscape Supervisor, Sophie, was pleased to accept the gift on behalf of the Landscape Team. The Team were pleased to know their efforts were appreciated and the chocolates were thoroughly enjoyed.





the heavy-duty nature of our work and the limitations the tools have being able to work in the rain we have yet to find anything that suits our current working style, but we are frequently informed of updates to the market and we continue to trial these. This is a rapidly increasing area and I believe it will not be too long before we can start to replace some of our petrol tools for battery operated ones.

We had a meeting with the Fishermead Residents Association about the potential for volunteers to take on their own projects or take part in community litter picks with some assistance from the Landscape Team. If there is an area in your community you would like to tidy up or you would like to get involved with the landscaping in your area please feel free to contact [landscape@campbell-park.gov.uk](mailto:landscape@campbell-park.gov.uk) for advice and information.

### ALLEYWAYS

In our contract we are NOT responsible for most Alleyways or some areas surrounding council owned property. These come under a different remit. However, MK City Council have identified the neglect and poor condition of these areas and there is now a dedicated team from Serco who will be working through some of the estates across the parish to tidy and restore these areas. These we will then be included into a regular maintenance programme by either Serco or ourselves. This work will compliment our own objectives to restore the landscaping to a higher specification.



## WARM SPACES IN THE PARISH

**We are all very aware of the challenges that are currently being faced with the increasing costs of living and for some families this is already having a significant impact. With the winter months ahead of us and energy costs currently very high, we know that this is huge worry for many. For many families and individuals, they will be having to make tough decisions about when and what they eat, what they can do in life, and when they can afford to heat their home.**

Nationally, there are many projects coming together to provide facilities known as **'Warm Spaces/ Places/Banks'** which are communal places to help those who cannot afford to heat their homes as much as they would like to, to stay warm this winter. **We recognise there is a need for warm spaces in our area.**

**Campbell Park Parish Council want to identify ways in which we can help support our community through these difficult months, and beyond.**



**We want to work with community groups and local facilities in our Parish to ensure there are a variety of places and services that residents feel able to access, when they are needed.** This could be places to access low cost food & hot meals, somewhere to relax or socialise in the warm to save heating their home for a few hours or able to access advice services.

Over the coming weeks we will be working to identify existing services that we can encourage our residents to access when/if they need them. We will also be having discussions with these services, to see if with the support of the Parish Council, these could be expanded to provide an enhanced service to our residents during these colder months (this could be by offering longer sessions or a wider scope of services).



**We will be sharing this information,** as it is confirmed, with our residents via our **Facebook page** (Campbell Park Parish Council News) on our **website** and via the **Homeground magazine.**

**We would also like to know what you, our residents, think is needed. What would you like to see provided to support you through the winter months?**



# ENERGY SAVING TRUST

<https://energysavingtrust.org.uk/>

The Energy Saving Trust offers tips and advice for quick and easy ways to save energy, lower your bills and reduce your carbon footprint. These include;

## SWITCH OFF STANDBY

Almost all electrical appliances can be turned off at the plug without upsetting their programming. You may want to think about getting a standby saver or smart plug which allows you to turn all your appliances off standby in one go.

Check the instructions for any appliances you aren't sure about. Some satellite and digital TV recorders may need to be left plugged in so they can keep track of any programmes you want to record.

## DRAUGHT-PROOF WINDOWS AND DOORS

Unless your home is very new, you will lose some heat through draughts around doors and windows, gaps around the floor, or through the chimney.

Professional draught proofing of windows, doors and blocking cracks in floors and skirting boards can cost around £225, but can save around £125 a year on energy bills. DIY draught proofing can be much cheaper.



## TURN OFF LIGHTS

Turn your lights off when you're not using them or when you leave a room. This will save you around £25 a year on your annual energy bills. Replacing all the lights in your home with LED bulbs could help save even more.



## CAREFUL WITH YOUR WASHING

You can save around £34 a year from your energy bill just by using your washing machine more carefully:

- Use your washing machine on a 30-degree cycle instead of higher temperatures.
- Reduce your washing machine use by one run per week for a year.

## AVOID THE TUMBLE DRYER

Avoid using a tumble dryer for your clothes: dry clothes on racks inside where possible or outside in warmer weather to save £70 a year.



## SPEND LESS TIME IN THE SHOWER

Keeping your shower time to just 4 minutes could save a typical household £95 a year on their energy bills.

## SWAP YOUR BATH FOR A SHOWER

Some of us might enjoy a long soak in the bath, but swapping just one bath a week with a 4-minute shower could save you £20 a year on your energy bills.

## BE SAVVY IN THE KITCHEN



Kettles are one of the most used appliances in the kitchen. But many of us will admit that we at least occasionally boil the kettle with more water than we're going to use.

Avoid overfilling the kettle and save yourself £13 a year on your electricity bill.

## FILL YOUR DISHWASHER

Only run your dishwasher when it is full to reduce the amount of water you use. Reducing your dishwasher use by one run per week for a year could save you £17.



## TOP UP THE INSULATION

Effective insulation of your hot water cylinder is important: even if you have thin spray foam or a loose 25mm jacket, you can benefit from increasing the insulation to a British Standard Jacket 80mm thick, saving £70 a year in the process.

The Energy Saving Trust website provides a useful guide to help you understand the information on a typical energy bill. The video can be found on their website or via this web address <https://youtu.be/dCO50j-wjE>

## How are money struggles affecting your health?

We know that people on a low income, people from ethnic minority communities, those with disabilities, and those with long term health conditions are likely to be the most affected by financial hardship.

We're gathering evidence to help the Bedfordshire, Luton and Milton Keynes Integrated Care System (BLMK ICS) understand the barriers that you're facing when it comes to looking after your health, and getting the care you need.

## We'd like to ask a few questions about your experience in a survey. It takes around 10 minutes to complete. Your answers will:

- Help NHS decision makers to improve health services for our residents.
- Highlight the scale of health inequality in our city.
- Explore why certain people are more affected than others.

## Ready to tell us your story?

Everything you tell us is treated confidentially. We understand that we're asking you to share some sensitive and personal experiences with us in this survey. We're grateful that you are taking the time to tell us your story.

There are three ways you can fill in the survey:

- **Scan the QR code** above on your smartphone OR
- Go to: [www.smartsurvey.co.uk/s/hwmkinequality](http://www.smartsurvey.co.uk/s/hwmkinequality) OR
- Go to: [www.healthwatchmiltonkeynes.co.uk](http://www.healthwatchmiltonkeynes.co.uk) and click on the survey link on the homepage.

Would you prefer to talk to someone in person about the healthcare barriers you've experienced? Get in touch to arrange a visit from a member of our team. Call **01908 698800**.

Thanks for helping us to improve health services for people in Milton Keynes.

healthwatch  
Milton Keynes

"I don't qualify for free prescriptions and the rising costs of everything else mean each month it's harder to find the money to pay for the medicines I need. I also have to get a bus to my regular hospital appointments which isn't cheap." *Maryam, 56*

**How do money struggles affect YOUR health?**

Tell us more in this short survey

## STAFF PROFILE



- Dominic pictured at the Pirate Park in Fishermead, which was transferred to CPPC in 2020 -

### DOMINIC WARNER

**ROLE:** CLERK TO COUNCIL. **IN POST SINCE:** 2011

**MAIN DUTIES:** The administration of all Council paperwork, ensuring that meeting papers are properly prepared, and that residents are aware of meeting times. The implementation of Council decisions, including overseeing the delivery of projects. As a large Parish Council, Dominic is assisted in these duties by a professional team of hardworking colleagues, he could not do his job without them!

**REPORTS TO:** The Council as a corporate body. Ensures that the Council conducts its business properly, providing independent, objective and professional advice and support. In discussion with the Chair of Council, draws up the agendas for the Parish Council meeting, carrying out research and making reports where needed. He also advises Council on any legal considerations that need to be borne in mind when making decisions.

**MAIN AMBITION AT THE MOMENT:** The development and completion of the new Parish Community Hub. The Hub will be the first of its type in Milton Keynes and will enable the Council to meet the needs of residents now and as they change in the future. The current cost-of-living crisis gives focus to what the Hub will be able to deliver and the benefit it will bring to residents.

**MOST REWARDING ASPECT OF JOB:** Speaking to residents. Striving to improve resident quality of life is the first objective of all Parish Councils, and that is not possible if you do not know what residents have on their minds. Some conversations can be challenging, but listening and talking often opens the pathway to solutions and improvement.



# Shepherdswell Academy



## Hello, from everyone at Shepherdswell Academy.

Our new EYFS have settled into school quickly and are enjoying exploring the setting, making new friends and learning new sounds and numbers. The children are loving being creative by painting and drawing self-portraits.



### Year 1

In English this half term Year 1 have based their learning around the book 'Ruby's Worry'. The children have learnt about worries and what they can do to manage them. The children wrote postcards to each other, giving advice on how to tackle worries and make them disappear. In Maths the children have been learning all about numbers to 20. They have really enjoyed using the manipulative resource boxes including Numicon, bead strings, counters, ten frames and cubes to find different ways of representing the numbers.



### Year 2

In English the Year 2 children have been learning about the story 'Dear Earth', in the story Tessa explores all the amazing things around her and aims to teach others how to look after the world and stop pollution. The children have been describing the settings and writing letters to show why it is important to take care of the Earth.



In Maths, the children have been learning all about place value and partitioning 2 digit numbers in to tens and ones. The children have then explored finding more and less of the numbers.



In Science the children have been learning all about microhabitats and have been for a local walk to find minibeasts that live in Springfield.

This year we have decided to have a school charity of the year, to enable the children to develop a greater awareness of why we are raising money and the importance of giving back to our local community. We have chosen Mind BLMK. Our first event, a cake sale, raised over £150! We look forward to working with Mind BLMK and learning more about to take care of our mental health.



**IS YOUR CHILD DUE TO START SCHOOL IN SEPTEMBER 2023?**

*Shepherdswell Academy would love to welcome prospective families for a tour of our school.*

*Contact the School office to book your space on 01908 665418 or [office@shepherdswellemat.uk](mailto:office@shepherdswellemat.uk)*

*We look forward to seeing you soon*

*Together we learn and grow*





## Willen School

**We have loved welcoming the children back to a new year and across the school we have been so proud of how each child has settled in.**

This year we have a huge focus on Enrichment in the curriculum, here is a small snap shot of what has been happening across the school:

**Early Years** - danced into school with a bubble disco and have settled SO well!

**Year 2** - have enjoyed a pirate day to really get into their pirate theme this half term.

**Year 3** - are off on a trip to the Roald Dahl museum to enrich their topic.

**Year 4** - had a super fun Egyptian day to immerse themselves in learning.

**Year 6** - have an enrichment day looking at evacuees from WW2.

Each year group has so much more planned over the coming term to continue to make learning fun but also give each child unique, enriching experiences beyond the curriculum too.

We have also been continuing to develop our OPAL project - Outside Play And Learning. We have welcomed the addition of a digging pit on the field and a sand pit both with loose parts that all children have access to during play and lunch times. This continuous provision of play encourages children to mix with different year groups and focus their play in a meaningful way. It has had rave reviews and we can't wait to see how it continues to develop.

**Thinking about next year?** We are already thinking of September 2023 and have some open mornings where prospective parents can come in and get to know the school. Take a look at our Facebook Page to sign up.

**Keep up to date with Willen and find out more here:**

<https://www.facebook.com/willenprimary/>

<https://willenprimary.org/>

[https://www.youtube.com/channel/UCAR\\_sKX8CtZnbKPiddnlnzw/featured](https://www.youtube.com/channel/UCAR_sKX8CtZnbKPiddnlnzw/featured)

We are very excited to announce that we have our own inspirational superhero within our staff team and she happily spoke to the children about her achievement of running the London marathon, most staff said they couldn't run for a bus!!! A massive Well Done to Miss Kent in the office.

An amazing achievement - 26.2 miles and hundreds of pounds raised for Asthma and Lung UK



## The Willows First School and EYC



The start of term went very smoothly here at The Willows. Our children returned very excited after the summer holidays and we had some new members of the team who were also excited to start their new adventures. The children started the year by completing their transition topics which were based on traditional tales to help them settle into their new classrooms.

All of the children, new and old, have settled into their learning and everyone is looking forward to all the planned events we have this term, including a trip to the pantomime! With the sad passing of the Queen in September the children showed their respect in class discussing what the Queen had meant to people and what her role had been in their life.

Happy Birthday to The Willows and EYC. Our school turns 40 in October and to celebrate we will be holding an event in December which we are all very excited about.



This Autumn we welcomed our new Reception and Nursery children into our school family to start the next phase in their learning journey. They have been fantastic and are enjoying the wonderful range of learning experiences on offer in our well-resourced learning spaces, both inside and out. They have been learning about the theme of belonging and the importance of our first school value, Friendship.

In **Year 1** the children have been learning about our local environment as well as materials. They particularly enjoyed exploring Oldbrook park and surrounding areas to support their learning and reading lots of stories.

Children in **Year 2** have been learning about the Great Fire of London. They have learnt how the fire started, how the fire spread so quickly and which historical figures gave accounts during this time. Much fun was had designing and creating Tudor houses, which were set alight to demonstrate to the children how quickly fire can spread and the importance of fire safety.

The children across the school and nursery have enjoyed a range of other visits and first-hand learning experiences to support their learning journeys as well as further developing their understanding of our school community values. These are at the heart of everything we do!

We are always looking to make links with local business to support our pupils' learning and understanding of the world or work around us. This could be through coming into school to talk to our children about your job role or allowing the children to visit a place of work. Please do make contact if you or somebody you know could offer this great opportunity to our children.

If you have a child who is due to start school or nursery in September 2023 and would like to find out more about our amazing community school, then please contact the school office to arrange a school tour. Your child's first educational experiences can set the tone for their future academic career and happiness. Our nurturing school will enable your child to reach their full potential in a happy and caring learning environment.

Mr Hopkins, Headteacher

01908 604689  
www.oldbrookschool.co.uk

## FISHERMEAD COMMUNITY GARDEN



NEEDS VOLUNTEERS TO HELP IT GROW

Because of the pandemic, Fishermead's Community Garden was neglected and overgrown. In the summer a group of volunteers from Coca-Cola cleared away the undergrowth and made the garden ready for cultivation again.

But now the Fishermead community (and anyone else from further afield who wants to help) needs to come together to plant it and look after it.

So, on behalf of the Trinity Centre, Martin Petchey is looking to build a group to do just that.

No gardening skills or knowledge required - we can probably get some sort of tuition organised - but it would be a bonus if you have them

When there are enough names, Martin will get everyone together to talk about next steps.

If you're interested email him on [Martin.petchey@campbell-park.gov.uk](mailto:Martin.petchey@campbell-park.gov.uk), message him on **07712 485255**, or leave a message at the Trinity Centre or Parish offices.



## FREE ACTIVITY PACKS FOR CHILDREN

We have activity packs available for the Christmas Holiday (while stock lasts)

These will be available from **Tuesday 13th December**

The packs will contain a variety of paper based activities and colouring sheets.

To ensure as many families as possible can benefit from this, please only take one pack per child. The packs will be limited in number and only available while stock lasts.

We would also love to see any photos of the children enjoying the packs or the completed activities that we can share. Most of all - we hope that the children enjoy them.

**The activity packs can be collected from the Parish Office in Fishermead:** Parish Office, 1 Pencarrow Place (behind the Trinity Centre) MK6 2AS - Monday to Friday 9am - 4pm

If you have any queries, please contact [admin@campbell-park.gov.uk](mailto:admin@campbell-park.gov.uk) or **01908 608559**

# KID'S CORNER



Hello Children,

## How was your Summer Holidays?

Mine was a bit hot!!!! I had to water the plants in my garden twice a day, they really did need a bit of rain but that did not happen. The grass went yellow and then turned to straw, then all of a sudden it did rain and the garden went crazy!!! You could see steam coming off the ground, "Hurray" I thought to myself. A few days later, the weeds came and again and again. So then I was weeding every day. How did you cope with the hot weather? Lots of cold drinks!!!! And paddling pools I expect!!!

We had our first Halloween Tea Party since the Covid 19 Pandemic. I was sooooo excited!!!!!! It was great to see you all dressed up in your costumes and there were prizes too! We had games and dancing and lots of fun food to eat.

Cllr Keith was the DJ for the afternoon and we also had our reptile man, magician and we also have Becky our wonderful Face Painter - 2hrs of FUN, FUN, FUN!!!!!!

**Remember Stranger Danger:** The dark nights are coming and you need to be more aware. Also, remember your Green Tick Code.

## Water Beware:

Once the weather starts to get colder, the water can freeze, so please do not walk on it as you will fall in!!!!!!



## Send in a Poem:

If you send in a poem, if it goes into the next Homeground you will win a prize.

## Jokes: Do you have any jokes?

If so, send them in and you could also win a prize if we put it into the magazine.

**Activity Packs:** Look out on for information on our Christmas Activity Packs. As you can see we have some Activity Pack Winners:

Well done to **Domaes** and **Denurasis** who completed some lovely art work from the last Activity Pack.



## Nature Watch:

This is Tabatha the Hedgehog. She is about 6months old. She comes into my conservatory every evening between 9pm – 12am. She eats cat food biscuits, half a pouch of cat food and drinks almost a bowl of water. You have to be nice to hedgehogs as they are protected.



**P.S:** If you send anything into Kid's Corner we need to know your name, address, your age, and what school you go to, or we cannot send you your prize.

The address is: 1 Pencarrow Place, Fishermead, Milton Keynes, MK6 2AS.

Until next time.

Have a fun Christmas!!!! **Cllr Penny**

## COMPETITION

We have been kindly donated a signed copy of Sniffles the Kitten at Christmas, written and illustrated by a local author who lives in our Parish, Marian Joiner.



**We are offering you the chance to win this lovely book. To enter,** please send us a drawing or piece of artwork that is Christmas themed and includes a cat, just like Sniffles, **by Wednesday 14th December.** To enter you must be 11 years or under. Please make sure you write your name, age, address and telephone number on your entry.

The winner will be contacted after the closing date. There is only 1 prize to be won but your entry may be featured in the next edition of Homeground.

# CAMPBELL PARK ADVICE SERVICE

## FREE SERVICE

Are you struggling with money?  
Do you need a listening ear?  
Pop along and speak to our  
advisors in confidence



Campbell  
Park  
Parish  
Council  
Caring within  
the community


## SOME OF THE ISSUES WE CAN ASSIST WITH ARE


- Any housing matters related to rent arrears and or Discretionary Housing Payment
- Benefits (advice or form filling)
  - Rent or Council Tax arrears
  - Family or domestic difficulties
- Any other concerns you would like to discuss




To find out more, please pop into the Parish Office, or contact us on the details below

CALL US NOW! 01908 608 559

 1 Pencarrow Place, Milton Keynes MK6 2AS

 [campbell-park.gov.uk](http://campbell-park.gov.uk)

 [cpas@campbell-park.gov.uk](mailto:cpas@campbell-park.gov.uk)

*Resident from Fishermead was helped with form filling,*  
"Priscilla is thorough, has time and patience and a personality that all people need when it comes to help".

*Resident was helped with Universal Credit,* "The Advice Worker was very professional and made me feel calm and relaxed".