

ISSUE: Summer 2023

Your magazine from Campbell Park Community Council

Homeground

WILLEN WINTERHILL OLDBROOK FISHERMEAD SPRINGFIELD NEWLANDS WOOLSTONE

KEEP IT CLEAN KEEP IT GREEN

Your new collection service starts from 4 September



For more information visit
www.milton-keynes.gov.uk/wheelie-bins

See page 17

MEET THE COUNCILLORS

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CPCC GRANTS

Campbell Park Community Council

If you're from a community group or charity, who is supporting local residents in the Campbell Park Parish, visit our website to discover more about our grant funding:

<https://www.campbell-park.gov.uk/services/grants/>

WE ARE NOW A COMMUNITY COUNCIL

Campbell Park Community Council

Following consideration over a number of months, which included a public consultation, we are now officially named Campbell Park Community Council.

We feel that a change from Parish Council to Community Council best reflects our focus and priorities and the opportunity to re-name is particularly important as we develop our Community Hub.

We are in the process of adopting a new logo and you will see some changes to our online presence and publications over the coming months.



COMMUNITY HUB UPDATE

Campbell Park Community Council



Since our last update to you at the end of last year, we are pleased to let you know that we are 'all systems go' and making good progress with the detailed design work for the construction of the Community Hub in Springfield.

After waiting for a decision from Milton Keynes City Council on our Reserved Matters planning application, we were pleased to receive the (conditional) approval in April.

We had some further work to do to get the agreement of Anglian Water to allow the Hub building to connect to existing water drainage systems, which we are pleased to report has now been approved. This just leaves a few remaining conditions, for which details have now been submitted to MK City Council.

Over the recent weeks, we have been doing a lot of work to ensure that the specification for the building is thorough and accurate as this, along with the architect's building plans, will be used to seek tenders/quotes from building contractors. We have shortlisted our preferred contractors, all of which are experienced in this type of project.

Much time is being put into the detailed design work, alongside our Architect, to ensure that the project delivers the functionality and appearance we aim to achieve. This includes considering the type of external finishes to be used such as the brick & mortar colours, materials & colour of windows, fascia's, guttering & shutters. Internal finishes such as paint colours, floor coverings, as well as electrical, IT & audio-visual requirements throughout. We will be giving significant attention to the Building Regulations requirements to ensure the building is accessible, Dementia friendly, welcoming & inclusive to all.

COUNCIL MEETINGS

Meetings held at the Oldbrook Centre

19th September, 7.30pm
17th October, 7.30pm
21st November, 7.30pm

Committees

Meetings will be held at either the Oldbrook Centre or the Springfield Centre. Please see the website and noticeboards for more information.

Planning, Infrastructure & Transport

7th August, 6.30pm
4th September, 6.30pm
2nd October, 6.30pm
30th October, 6.30pm

Finance, Administration & Policy

5th September, 7pm

Estates

12th September, 6.30pm
10th October, 6.30pm
14th November, 6.30pm

Community & Communications

26th September, 6.30pm
24th October, 6.30pm
28th November, 6:00pm

ONLINE
COUNCILLOR SURGERIES
coming soon!

Due to the time lapsed whilst waiting for the reserved matters planning application decision, we have had to review the project programme. We now hope to start construction very early in 2024, with completion by the end of the year.



AVAILABLE FOR HIRE

SPRINGFIELD & OLDBROOK CENTRES

FOR FURTHER INFORMATION

bookings@campbell-park.gov.uk

OR VISIT OUR WEBSITE

www.campbell-park.gov.uk

Tel: 01908 608559

**CAMPBELL PARK COMMUNITY COUNCIL
FREE ADVICE SERVICE**

**Woolstone Community Centre - Drop In Session
Wednesday 6th September, 1 - 4pm**

We can help you with a variety of issues....

Perhaps you would like to know what benefits you might be entitled to - we can help to make sure you are not missing out.

We can also help with completing application forms for Personal Independence Payment, Attendance Allowance, Pension Credit and other benefits you may be eligible for.

We can support you with any Council Tax queries.

We can help you with any Housing matters, particularly related to repairs.

If you need an appointment at CAB (Citizens Advice Bureau) our Advice Work can assist you.

Our Advice Worker can also help with any other concerns you would like to discuss.

After many appointments with local residents that have come to me with issues, I have learned a lot – but if I don't know the answer, I will try my best to help find the information or support you need to help you with the matter.

Please come along – tea, coffee & biscuits will be provided.



ARE YOU GOING TO
**UNIVERSITY OR
COLLEGE**
OR TAKING UP AN
APPRENTICESHIP
THIS AUTUMN?

ARE YOU UNDER 25?

If you live in the certain parts of central/eastern Milton Keynes you may be eligible for a grant from Chapman's Educational Foundation towards your costs.

**CLOSING DATE
18th September 2023**

To check eligibility or get an application form, send your name and postal address to

jansosborne@aol.com

DEFIBRILLATORS IN THE PARISH

A defibrillator is a device that gives a high energy electric shock to the heart through the chest wall to someone who is in cardiac arrest. This high energy shock is called defibrillation, and it's an essential lifesaving step in the chain of survival.

If you come across someone who has had a cardiac arrest, it's vital to call 999 and start CPR. There are publicly accessible defibrillator units (often known as PAD's) across the Parish. These units have been provided by, or in partnership with, Campbell Park Community Council. The units can only be retrieved from the bright yellow cabinets with a code, which the ambulance service can provide you with. By calling 999, they will assess whether a defibrillator is needed and direct you to the nearest unit and provide the access code. You shouldn't be afraid of using a defibrillator if someone has had a cardiac arrest. The unit provides audio step by step instructions and will only activate if the patient is in cardiac arrest.



WE HAVE PAD'S IN THE FOLLOWING LOCATIONS:



Fishermead – Community Council Office – 1 Pencarrow Place

Oldbrook – Oldbrook Centre (next to The Cricketers) – Oldbrook Boulevard

Springfield – Springfield Centre (next to the One Stop shop) – Springfield Boulevard

Woolstone – The Cross Keys Pub – Newport Road

Willen – Willen Pavilion, off Portland Drive & The Ship Ashore Pub, Willen Local Centre

CONSULTATION ON THE 2024/25 BUDGET

In coming weeks we will be posting a letter to every house in the Parish and inviting you to participate in our annual consultation.

As we prepare the Campbell Park Community Councils budget for 2024/2025 and beyond, we would like to hear your views on the subject. It is essential that we understand the issues that are important to you and the area of the Parish that you live in. We appreciate that issues and priorities will inevitably differ from estate to estate, there will however be many views that residents share regardless of location. We know that opinion will be split between those who would like us to protect the services that we currently provide and those who would like us to keep the Precept as low as possible.

Your feedback will help us to strike the correct balance when determining the future budget.

For your views to be taken into account, please ensure you return your consultation form to us by 29th September.



Better Housing Better Health

The Warmth & Wellbeing Service



HOME ENERGY ADVICE

If you're worried about paying your energy bills, want to know how to make your home warmer or need advice on accessing financial support, Better Housing Better Health are here to help. We're a charity working locally to improve residents' domestic warmth and wellbeing and improve the energy efficiency of your property.

BETTER HOUSING BETTER HEALTH CAN HELP WITH:

ENERGY BILL SUPPORT



HOME ENERGY VISITS



FINANCIAL SUPPORT



PRIORITY SERVICES REGISTER



GET IN TOUCH
0800 107 0044

www.bhbh.org.uk

© 2019 BETTER HOUSING BETTER HEALTH

Campbell Park Advice Service

FREE SERVICE

Are you struggling with money?
Do you need a listening ear?
Pop along and speak to our advisors in confidence

C
P
C
C

CPCC
Campbell Park Community Council

SOME OF THE ISSUES WE CAN ASSIST WITH ARE

- Any housing matters related to rent arrears and or Discretionary Housing Payment
- Benefits (advice or form filling)
- Rent or Council Tax arrears
- Family or domestic difficulties
- Any other concerns you would like to discuss



To find out more, please pop into the Parish Office, or contact us on the details below

CALL US NOW! 01908 608 559

1 Pencarrow Place, Milton Keynes MK6 2AS | campbell-park.gov.uk | cpas@campbell-park.gov.uk

Resident from Fishermead was helped with form filling. "Priscilla is thorough, has time and patience and a personality that all people need when it comes to help".

Resident was helped with Universal Credit. "The Advice Worker was very professional and made me feel calm and relaxed".



Could you offer a night of safety to a young person without a home? Become a Nightstop Host today.

Over 6,300 safe nights were provided to young homeless people last year, thanks to individuals and families who warmly welcomed them into their spare rooms.

Nightstop MK
To find out more about becoming a Nightstop host in Milton Keynes call 0330 555 0180, email nightstop.mk@depaulcharity.org.uk or visit www.nightstop.org.uk

DEPAUL
NIGHTSTOP

STOP LOAN SHARKS PROJECT STOP AND THINK:

- Have you, or anyone you know, been offered a cash loan?
- Have you been threatened when you couldn't pay?
 - Has your benefit card been taken from you?
- Does what you owe keep growing even though you are making payments?
 - Did they not give you any paperwork?

Report any issues If you have answered yes to any of these call **0300 555 2222** or visit the **Stop Loan Sharks website** www.stoploansharks.co.uk Nationally the Stop Loan Sharks project has so far helped more than 28,000 people, written off more than £74.9 million of illegal debt and secured more than 60 years in prison sentences for illegal lending and other offences. The specialist England Illegal Money Lending Team, will investigate and prosecute illegal money lenders and help vulnerable people access affordable credit and financial advice.



LET'S TALK ABOUT CLIMATE CHANGE

Campbell Park Community Council

At the recent Annual Meeting of Electors, CPCC dedicated part of the evening to discussing the climate emergency and time was allocated for residents to hear presentations from Cllr Jennifer Wilson-Marklew, MKCC Cabinet Member for Climate & Sustainability and Wendy Sale from Transition Town MK.



Cllr Wilson-Marklew talked through what Milton Keynes City Council is doing to address climate change and address issues around sustainability and biodiversity. A major initiative this year is the roll out of the wheelie bin collections which will be serviced by a new state of the art 65-vehicle waste collection fleet and will produce lower carbon emissions, thanks to fully electric bin lifts which cut fuel consumption and emissions by around 10%. Four of the vehicles will be fully electric, producing zero emissions, and the fleet will eventually become almost entirely electric. Wheelie bin collections will help increase recycling and reducing waste will help reduce our impact on the planet.

Transition Town MK is a local group concerned about the climate crisis who work with communities in MK to increase knowledge and build resilience by advocating for a low carbon lifestyle and social

and economic justice. Wendy Sale introduced the meeting to Doughnut Economics, a theory proposing a change of economic model as a response to humanity's major challenge of eradicating global poverty within the means of the planet's limited natural resources. A thought-provoking contribution from a young resident, Maryam, brought the meeting to a close and gave all those present plenty to take away and think about, particularly from the point of view of younger generations.

Campbell Park Community Council have made a formal declaration of a climate emergency and are currently working to develop a

strategy which will include six core commitments:

- 1.** Formally declares a Climate Emergency that requires urgent action.
- 2.** Calls on the UK government to provide the powers, resources and funding support to make local, as well as national, action against climate change possible.
- 3.** Commits to working with partners across the City, County and nationally.
- 4.** Commits to working towards making the Council's activities net zero carbon by 2030.
- 5.** Commits to developing, within 12 months, a clear action plan and timescale for being net zero carbon across our Council operations. To include a review of all functions of the Council, including lighting, land management and supply chains with an aim to reduce carbon.
- 6.** Commits to considering the environmental impact of all actions and climate consideration will form an intrinsic part of working processes.



PUT ON YOUR FAVOURITE FANCY DRESS COSTUME AND COME TO OUR PARTY !



**SATURDAY
28TH OCTOBER
2-4 PM
SPRINGFIELD CENTRE**



**FREE ACTIVITIES,
ENTERTAINMENT,
AND DELICIOUS
TREATS!**



**WE HOPE TO
SEE YOU THERE!**

For more info call the Parish Office 01908 608559

Activities are aimed at children aged 4-11 years. Children must be accompanied by an adult at all times

ENJOY FIREWORKS SAFELY

Everyone should be able to enjoy fireworks safely, whether at an organised display or in their back garden. **The law says you must not set off or throw fireworks (including sparklers) in the street or other public places – this includes all land under the control of Campbell Park Community Council.**

An organised, public fireworks display is much safer and more impressive than setting up your own.

Whilst most people enjoy fireworks responsibly, in the wrong hands they can cause real misery. Remember that fireworks are explosives, and as such should be treated with respect and only used in accordance with the manufacturer's instructions and the Firework Code.

Irresponsible use of fireworks can cause damage to property and do significant harm to people and animals. Not only is there a danger from fireworks exploding, they can also pose a serious fire risk as well.

Members of the public may only use fireworks on private property, such as their back garden. Only licensed professionals can use fireworks in public places.



What TO Do

- * Always consider attending an organised public fireworks display, they are much safer
- * Only purchase fireworks including sparklers from shops registered to sell them for private use
- * Only purchase fireworks that are CE marked, store them in a closed box and use them one at a time
- * Follow the instructions on each individual firework, use a taper to light them at arms-length
- * Direct fireworks away from any spectators

Be aware that fireworks can only be bought from shops registered to sell them for private use on selected dates of the year:

15 October – 10 November
26 December – 31 December
Three days before Diwali
Three days before Chinese New Year

Fireworks can only be bought outside of these dates from shops with a special licence.

Source: Buckinghamshire Fire & Rescue



What NOT To Do

- * Do not throw or set off fireworks (including sparklers) in a public space
- * Do not set off fireworks between 11pm and 7am, except for: on Bonfire Night, when the cut off is midnight. New Year's Eve, Diwali and Chinese New Year, when the cut off is 1am.
- * Do not use naked flames, including cigarettes near fireworks
- * Do not return to a firework once it has been lit
- * Do not put fireworks in your or anyone else's pocket
- * Do not use paraffin or petrol to start a bonfire

WILLEN FOOTBALL CLUB LITTER PICK

On Sunday 14th May players, parents, managers & committee members of Willen Football Club completed a litter pick covering the residential areas of Willen.

"We train & play all our matches at the Willen Pavilion, and although many of us do not live in Willen it is a community that supports our football club & it felt right to give something back to everyone who does live there & that supports us." Katie Mainwaring, Social Media & Communication Manager



CPCC GRANTS

If you're from a community group or charity, who is supporting local residents in the Campbell Park Parish, visit our website to discover more about our grant funding:

<https://www.campbell-park.gov.uk/services/grants/>

We recently awarded a grant of £890 to **MK Neighbourhood Watch Association**, to help them to help them build Neighbourhood Watch areas in Fishermead, Willen & Woolstone.

We also awarded grants to **Frank Howe Court Social Club** and **Woolstone Community Centre** to enable them to hold an event to celebrate the Coronation of King Charles III.

The **Woolstone event** was great success, bringing over 120 people

from the local community together to celebrate the occasion with some lovely food and drink provided. We were pleased to be able to support the **Fishermead 50th birthday celebrations** by awarding a grant of £1000 to the Fishermead Trinity Centre towards the costs associated with the event in July.

MGB Community Services also received a grant in April. This was awarded to help with the ongoing costs associated with the delivery of the Community Breakfast Club every Monday and Wednesday in Fishermead.

For more information about our grant funding, please visit

<https://www.campbell-park.gov.uk/services/grants/>

or contact the Community Officer at the Parish office on **01908 608559**



- Woolstone event -



DUCKLINGS PRESCHOOL SPACES AVAILABLE



We have multiple preschools located around Milton Keynes, with our closest ones conveniently based inside the Oldbrook Centre (MK6 2HX) and the Springfield Centre (MK6 3JH)

CONTACT US TODAY!



07476 079904



www.ducklingspreschool.co.uk

FISHERMEAD'S 50TH BIRTHDAY EVENT

SUNDAY 2ND JULY

Report by **Cllr Zamzam Osman**



The celebration of Fishermead's 50th birthday gave us a great feeling of being proud firstly to live in Fishermead and celebrate its amazing 50 years as an estate.

The tremendous event which included our residents, community leaders, young children, parents, grandparents, and our dedicated volunteers was amazing to see. The colourful flags showed an amazing array of the different nations represented across Fishermead and its diverse set of residents including our faith communities. The local churches brought an amazing community choir. The church provided a traditional afternoon tea and wonderful residents with a wealth of knowledge and an open door for everybody. The Mosque generously supplied the festival with electricity and opened its doors to everybody for a film view of Fishermead.

The boundless initiatives from the Samaritans, Neighbourhood Watch, and great information by talented professionals gave their best effort to provide important information across our community. We celebrated for several hours with an amazing programme that showed the importance of great talent, diversity, music, and speeches from our own Milton Keynes Mayor Cllr Mick Legg, and his Mayoress.

This also included a visit from the Lord Lieutenant of Buckinghamshire, she also gave a speech on how successful our celebrations were and on the importance of our community. It was excellent to see that our own

Fishermead Councillor, Terry Baines, was awarded a long-standing service award from our MP Ben Everitt and also participated in giving our residents an inspirational speech.

The food was a taste of the world food. East African cuisine, West African cuisine, Indian cuisine and Chinese cuisine, it was delicious and delightful to eat. This is all due to our successful businesses across Fishermead. All our local businesses gave their time and their volunteering especially to celebrate the 50 amazing years of Fishermead.

The diverse set of challenges and Olympic games was one of the many fantastic activities across the day. This also included basketball challenges and arts and crafts across Fishermead. The activities showcased the amazing young talent of Fishermead who demonstrated skills and attributes of great sportsmanship.

To be proud of your community and to be who you are reflect important values for all of us and the positivity of Fishermead has shone out and created a great celebration for all of us and our community. The amazing group of volunteers have shown that Fishermead represents diversity, talent, sportsmanship, and great musical talent from all walks of life.

I would like to say thank you to all the volunteers, for the young people, the children, and the amazing effort from the parents a big thank you to everybody. This was one exceptional celebration for Fishermead 50. To all of you that came together as a community and celebrated Fishermead from all walks of life, this has proven that Fishermead is a great place to live.

This only shows that Fishermead will prosper furthermore into the future.



LANDSCAPING REPORT

Campbell Park Community Council

The start of the spring/summer schedule began with 13 weeks of rain which gave us an extremely busy start to the season, especially compared to that of a very dry 2022.

The mowers have been out constantly with another team on the strimming/hand mowing round.

As of July, the grass has now begun to slow down, and we are focussing on cutting back overgrown footpaths and addressing sightline issues.

Resident enquires are also being dealt with, with the priority being on areas that have access and safety implications. Once we are on top of those, we can begin to address other less urgent enquires.

WILD AREAS

For the last couple of years, we have been leaving wild areas to increase biodiversity across our sites.

This year starting with Oldbrook Green and Woolstone Green we are beginning to evolve these areas to include wildflowers.



WILDLIFE SPOTTED IN OUR WILD AREAS

We took hire of a grass collecting mower to begin the process. The grass was cut to its lowest point, collecting the grass as we went, it is essential that the grass is collected as this can smother and over fertilize the soil giving the seeds less chance of survival. Once the seeds have been spread, they are rolled over with the tractor as this recreates cattle stamping down the seeds which is how wildflower meadows are established in nature. Fingers crossed we will soon begin to see the flowers emerging and see some colour emerge from these wild areas. We will continue to repeat this process yearly until we have well established meadow areas. This will also be rolled out into our other larger wild area sites across the parish.

Wild areas have continued to be left over the summer to increase biodiversity. We continue to listen to your feedback on areas that you feel should be cut and areas that might be added.

Last year there were a few concerns about fires started from the dry grass and restricted walking access, this year we have addressed these issues and we have cut fire breaks into the wild areas and in larger areas footpaths have been cut through.

During July we will begin to cut these areas back, this will be done in stages to allow insects to move on.

FREQUENTLY ASKED QUESTIONS

WHY IS THE GRASS GROWN TO DIFFERENT LENGTHS OR LEFT UNCUT?

Wild areas have been left throughout the parish to encourage the natural flora and fauna of our area which for a number of years has been rapidly

declining, this has a negative impact on the environment.

Also, any areas where bulbs have been planted such as daffodils are left uncut for a couple of months after they have died back, as this encourages their growth for the following year.

WHEN WILL THE HEDGES BE CUT BACK?

Hedges are cut back annually usually through the winter schedule which runs from October to April (depending on weather conditions). Bird nesting restrictions run from April to August and there is a law in place for bird protection. Unless it is an emergency or poses a danger then hedge cutting will be left until outside this period.

SHRUBS BEING CUT DOWN BEHIND MY HOUSE. WHAT ABOUT MY SECURITY/PRIVACY?

The planting in Milton Keynes is used to soften the urban landscape rather than to act as barrier. Because of the regular maintenance that plants need wherever that's coppicing every 10 years or a cut back every year to regenerate growth, they can not be relied upon to provide security for your property. We would recommend a more permanent feature, such as a fence.

WHO IS RESPONSIBLE FOR TREE WORK IN THE PARISH?

CPCC are responsible for tree work from the ground, up to a height of 2 meters over a footpath and 5 meters over a carriageway. Anything above these heights it is the responsibility of MK City Council.

Any structural damage to road surfaces or pavements is the responsibility of either Highways or MK City Council.

WINTER SCHEDULE.

This winter we will be carrying out hedge reductions across the parish on all hedges that have become difficult for us to maintain.

They have either grown to a height that is not practical for us to maintain with the tractor flail or at an unsafe working height for hand tools or it has grown to a height that has masked obstacles that surround it.

In Fishermead and Springfield we will be concentrating on the courtyard areas behind the houses. If The shrubbery falls into our contract, then we will be either reducing the height or coppicing (reduced to roughly ankle height) which could mean if you do not have your own security in place your gardens could become exposed.

We will be giving residents prior warning in case they will be affected by this and need to put their own privacy measures in place.



WE NEED YOUR HELP

RSPCA Milton Keynes and North Bucks branch have been contacted by local residents worried about the increasing cat and kitten population in the Fishermead area.

In particular, we are worried that there are cats and/or kittens in dangerous places or gardens that do not have access to food or water. We can help with this.

If you have seen any cats or kittens in your garden or neighbouring gardens, please get in touch as soon as possible.

We can be contacted either by telephone on **01908 611179** (please do leave a message) or by email **branch@mkrspca.org.uk**

CAMPBELL COMMUNITY PARISH COUNCIL

INCOME & EXPENDITURE ACCOUNT FOR YEAR ENDED 31ST MARCH 2023

31st March 2022		31st March 2023
	Operating Income	
773,120	Central Costs	827,249
0	Parish Hub Development	204
21,500	Oldbrook Centre	30,478
112,489	Landscape Contract	141,281
25,695	Springfield Meeting Place	30,450
3,225	Allotments	3,374
0	Grants	1,000
20,400	CSW Projects	14,150
956,428	Total Income	1,048,187
	Running Costs	
271,638	Employment Costs	332,676
12,807	Democratic Costs	11,970
71,295	Central Costs	65,983
69,876	Parish Hub Development	65,311
15,884	Parish Office	19,845
11,718	Communications	13,066
12,159	Oldbrook Centre	13,727
1,297	Oldbrook Pavilion	2,646
1,650	Oldbrook Green	153
219,932	Landscape Contract	219,734
15,435	Springfield Meeting Place	17,788
0	Woolstone Pond	400
9,031	Dog/Waste Bin Provision	8,085
161	Kernow Crescent	175
710	Open Spaces	1,050
5,824	Allotments	2,193
0	Fishermead Sports Ground	750
0	Woolstone Sports Ground	250
19,499	Grants	18,541
77,967	CSW Projects	40,746
816,883	Total Expenditure	835,088
	General Fund Analysis	
190,949	Opening Balance	31,613
956,428	Plus : Income for Year	1,048,187
1,147,377		1,079,800
816,883	Less : Expenditure for Year	835,088
330,494		244,712
(542,025)	Transfers TO / FROM Reserves	(2,788)
872,519	Closing Balance	247,500

RSPCA ADVICE SESSION

In July the MK & North Bucks branch of the RSPCA held a drop in advice session and pet food bank outside the Parish office in Fishermead.

The event was a great success, with representatives able to answer questions from residents, issue cat neutering vouchers, provide pet food to those in need and also take reports of concerns for welfare and cruelty.

They hope to run another session soon.



5 WAYS TO WELLBEING?

In the last few editions of Homeground we have shared with you the 5 Ways to Wellbeing Toolkit that had been published by the The Milton Keynes Self Care Steering Group. We have looked at the five steps we can all take to improve our mental wellbeing.



To complete our journey through the Toolkit, we are finishing this series by looking at **Seasonal / Annual Patterns** that can influence the Five Ways to Wellbeing.

It may not always be easy to stay consistent with the five ways to wellbeing. There may be annual occasions such as exams for students, when stress levels increase and everything can be forgotten. However, during such occasions it is the most important time to introduce and increase the participation in the five activities listed. Participation in these activities will reduce stress long-term and look after our wellbeing.

Below are some ideas of seasonal/annual patterns and occasions when five ways to wellbeing could come to practice and support others:

Perhaps at work or at home there is more pressure at certain times of year,

Mother's & Father's Day may be particularly difficult for those who have lost or whose parent are not around.

You may be affected by the shorter winter days and cold weather making you feel isolated and less inclined to go out and exercise. You may have bereavement anniversaries that are difficult for you.

By noticing our patterns, we can put plans in place to help ourselves during these times to ensure that our wellbeing is a priority and continues to flourish.

By recognising these occasions, we can also support our loved ones, community members and colleagues.

Perhaps you could think about setting yourself an action plan to help you to map out strategies and small steps towards achieving long term goals. It can help you work out the goals you want to achieve, by when, and what you need to do to achieve them. This means you can focus your energy on exactly what you need to do!

For more information, help and advice you could visit <https://www.nhs.uk/every-mind-matters/>

ROBERT HOOKE HERITAGE CENTRE, WILLEN

Report by Brad Stone, Church Warden

Planned in the grounds of our beautiful, jewel of MK, St Mary Magdalene church - to celebrate unsung hero Robert Hooke, who designed this in 1678.

The feasibility study is well under way, with the kind help of a £10k donation from the National Lottery Heritage Fund, as well as donations by the Society of the Sacred Mission, the Oxford Diocese, Councillor Sam Crooks and many others, including Campbell Park Community Council.



The project has 3 distinct groups: Building, Communications and Research, of which am privileged to be the head, as well as church warden.

Did you know Robert created a universal joint to mechanise sundials, Hooke's Law; microscopes, weather stations and was a key figure in Newton's work on gravity? Partly by bugging Newton so much he pulled his finger out and got on with it. Upon Robert's thrust-line analysis technique many structures have been built for the last 350 years - only recently improved upon by modern technology and scanning. His book on Micrographia was a cutting-edge study of myriad biological and inert material behaviours under the microscope. He helped Sir Christopher Wren in the rebuilding of London after the Great Fire, including St Paul's Cathedral and the Monument.

Yet, despite his many talents, it seems he was the underdog and has been pretty much wiped from mainstream history - there is not even a single confirmed portrait of him. Not one. The least we can do, as users and admirers of his only complete works still standing outside London, is combine our need for modern facilities with a centre to honour and recognise his many contributions to the world we enjoy today.

Our website, www.willenchurch.org, is under development but has some information and links to our Facebook page. All input welcome.



We have had such an exciting and wonderful Summer term here at Shepherdswell.

We have been celebrating after being named as the most inspiring primary school at this year's Milton Keynes Inspiration Awards. The awards celebrate inspiring individuals, businesses and organisations from Milton Keynes and the surrounding area, with the winners chosen by a public vote. We are so thankful to our wonderful school community, parents, staff and governors for their support.



In School we had a geography day, looking at our local area, climates and wildlife. We created maps of the school and used the world map to become weather forecasters! In KS1 the children learned about how clouds are formed and created their own rainstorms in cups.



Circus Day

Splats Entertainment came into school for the day to teach the children some essential circus skills. They used their balance, coordination and thinking skills to recreate the skills shown and a great day was had by us all.



If you have a child starting school in September 2024 and would like to find out more about us or organise a tour, please contact the school office on **01908 665418** or **office@shepherdswell.emat.uk**

The children have had another fantastic year in school and have enjoyed the many learning experiences on offer.

Last term the children enjoyed learning about the coronation and our new King, Charles. Much fun was had at our whole school coronation picnic and despite the rain there was lots of fun and laughter.

The children across the school and nursery have enjoyed a range of other visits and first-hand learning experiences to support their learning journeys this year, as well as developing further their understanding of our school community values and their love of reading. These are at the heart of everything that we do!

If you have a child who is due to start nursery or school and would like to find out more about our amazing community school and nursery then please contact the school office for further information. Our nurturing school and nursery will enable your child to reach their full potential in a happy and caring learning environment.





Do you have a child who is due to start Nursery in September 2023?



15 and 30 hour places available

Please contact us to arrange a tour.

01908 604689 | office@oldbrookschool.co.uk
www.oldbrookschool.co.uk



Together we make the difference



The Willows First School and EYC

Here at The Willows we have, as ever been very busy. We have welcomed lots of families into school to share learning experiences with their children, both to learn about English and Science in schools. These sessions were well attended and it was great to see so many excited children and families sharing fun learning experiences together.



We have had fun celebrating events and the children love attending the many different afterschool clubs whether it is den building, dancing, sports and more recently tennis and break dancing. The school council really like to make cakes which go to a community initiative once a month to help feed those who cannot always make dinners.

Our children have had a trip to the sensory hub in Oldbrook and we look forward to visiting again soon.

We have been fortunate enough to welcome Premier sport over the holidays as part of the HAF programme where children have been able to take part in many activities and also eat some great lunches.

For those in the community who have had a connection with our school will probably want to join us in wishing Miss Kemp, good luck as she takes early retirement at the end of the school year this August. Here she surrounded by her lovely colleagues at the Queens jubilee party last year.



Along with all the fun we have been having at school the children have been having great learning opportunities both within the classroom and the community. We are very proud of our children and the way they all want to do their best when it comes to learning about different types of houses, historic figures who have shaped our lives, writing poems and letters to persuade the head teacher to let them go on a trip, learning from and about each other's cultures and so much more beside. What a year 2023 has been and we are very much looking forward to the next.



Willen School

We have had an excellent summer term here at Willen Primary School.

Below, you can find some highlights from each year group. This term, EYFS had an exciting Facetime session with an astronaut to enrich their learning about space. They practiced asking and writing questions and are eagerly preparing for their Graduation assembly.

Year 1 enjoyed making some delicious fruit kebabs whilst practising their cutting skills. They are also looking forward to a summer walk to enrich their science curriculum and find some real-life signs of summer. Year 2 went on a trip to the Milton Keynes experience and are preparing a performance for parents to showcase their musical and artistic abilities. In Year 3, the children have been building their water confidence in swimming lessons whilst learning what to do in a water emergency. Year 4 had a great time when the MK Music Service visited for violin sessions. In Year 5, the children welcomed an artist and learned some new textile skills. They made a beautiful tapestry.



We want to say a huge well done to our Year 6 students for their excellent effort in their SATs. As they approach the end of their time with us, they have been enjoying their last few weeks at school by getting ready for the production, having a parent/family picnic, and going on an end-of-year trip! As a whole school, we participated in World Music Day by learning two multicultural songs and singing them together. Check them out on our YouTube and Facebook pages! We also had a smashing Sports Day.

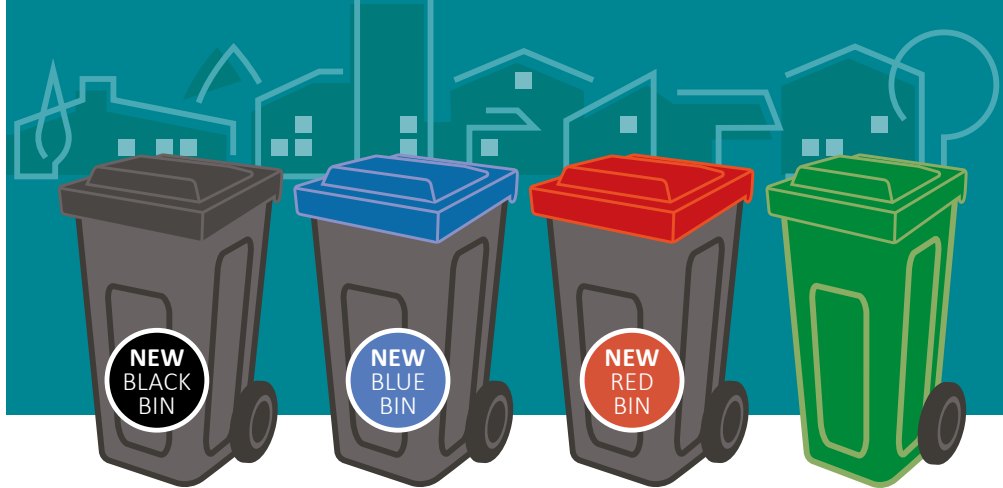
MKCC WHEELIE BINS

Milton Keynes City Council have ambitions of having Britain's greenest weekly waste and recycling collections to help battle climate change, three decades after becoming the first place in the UK to introduce kerbside recycling.

The original idea for door-to-door collections in Milton Keynes came from Waste Chief Engineer Keith Ely, who in the late 1980s saw a recycling scheme while on holiday in Orlando with his family. He even spent a day with the local Public Sanitation Department to see how it worked. A pilot collection scheme launched in 1990 to homes in Great Linford Manor with the help of comedian Bill Oddie and local pupils from St. Monica's School.

By the end of 1992, a door-to-door scheme covered the whole of the borough and plans were drawn up for the UK's first Materials Recycling Factory, which opened in Old Wolverton the following year. Fast forward to today, and the city council is about to deliver wheelie bins to your homes ahead of a new cleaner and greener waste and recycling collection starting in September. The vast majority of you will use a new black wheelie bin for non-recyclable waste and two new bins for recyclables (red lid for paper and card and blue lid for plastic, metal and glass) which means the city council can scale back on using millions of plastic sacks.

Separating recyclables is a proven way to increase how much residents recycle, as well as the quality of what's recycled, which is good for the environment. Just under half of local authorities in our region use four or more bins to separate their recycling and waste. Households in the world's top recycling nation, Germany, use six bins. Milton Keynes City Council has a target to increase recycling rates to more than 60%, currently 52%. From day one, a new state of the art 65-vehicle waste collection fleet will produce lower carbon emissions, thanks to fully electric bin lifts which cut fuel consumption and emissions by around 10%.



The vehicles have been designed and built by the leading British manufacturer Dennis Eagle and are among most technically advanced trucks on the road. Four of the vehicles will be fully electric, which produce zero emissions, and the fleet will eventually become almost entirely electric. Starting from this year, the power for the street cleaning and grounds maintenance vehicles will come from MK's own waste.

Since 2018, the city council has been processing household rubbish and turning it into sustainable energy, meaning very little waste from MK goes to landfill.

IMPORTANT INFORMATION

If you have a disability or medical condition and there is nobody else in your household who can put your bags and bins out, you may be eligible for an assisted collection.

MKCC can arrange for the collection crew to collect your bags and bins from just outside your front door instead of the boundary.

How do I apply for an assisted collection? Please contact MKCC Customer Services team by email customerservices@milton-keynes.gov.uk or telephone **01908 252570** to request an application form to be sent out to you.

Where should I store my bin?

You should store your bin on your property, for example within your front garden. If there isn't space at the front of your property, we would expect you to consider all options to keep your bin elsewhere on your

property, such as in a rear garden. Do not leave in the street or on public land.

I would like to build a bin store for my new bins You may require planning permission. You can apply for a Lawful Development Certificate to confirm whether it would be permitted development or, if planning permission is required, you can seek pre-application advice.

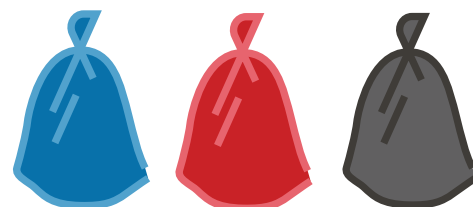
Further information on this is available from www.milton-keynes.gov.uk/planning-and-building/planning-applications-apply-pay-and-comment/do-i-need-planning-permission

Where should I leave my bin for collection? Your bins should be presented for collection at the front of your property, at the inside edge of your property boundary, by 7am on your collection day. Waste will only be collected if it is contained in the bin and the bin lid is closed. Rubbish bags left next to the bin will not be collected.

For more information about new waste collection service, please contact:

WASTE AND RECYCLING TEAM

T. 01908 252570
E. recycling@milton-keynes.gov.uk






**FREE FOOTBALL / MULTI SPORTS SESSIONS
FOR THE SUMMER HOLIDAYS**

WEDNESDAYS, 2-4PM
26TH JULY
2ND, 9TH, 16TH 23RD & 30TH AUGUST
DROP IN SESSIONS - PRE-BOOKING IS NOT REQUIRED

AT OLDBROOK GREEN, OLDBROOK BLVD MK6 2HX

SESSIONS ARE DELIVERED BY QUALIFIED COACHES FOR CHILDREN AGED 8-16YEARS
EACH CHILD MUST BE REGISTERED AT THE START OF EACH SESSION BY A
PARENT/GUARDIAN & BRING A DRINK WITH THEM
PLEASE NOTE THAT THERE ARE NO TOILET FACILITIES AVAILABLE ON-SITE

**CAMPBELL PARK COMMUNITY COUNCIL HAVE FULLY FUNDED THIS ACTIVITY,
SO IT IS FREE OF CHARGE FOR CHILDREN TO ATTEND**

**FREE ACTIVITY PACKS
FOR CHILDREN**

We have activity packs available the **SUMMER HOLIDAY** (while stock last). We will also have Activity Packs available for the **OCTOBER HALF TERM** holiday. These will be available for collection from **Tuesday 17th October**.

The packs will contain a variety of paper based activities and colouring sheets. To ensure as many families as possible can benefit from this, please only take one pack per child. The packs will be limited in number and only available while stock lasts. We would also love to see any photos of the children enjoying the packs or the completed activities that we can share. Most of all – we hope that the children enjoy them.

The activity packs can be collected from the Parish Office in Fishermead: **Parish Office, 1 Pencarrow Place (behind the Trinity Centre) MK6 2AS** – Monday to Friday 9am – 4pm If you have any queries, please contact admin@campbell-park.gov.uk or **01908 608559**






**Campbell Park
Community Council
Summer Play Sessions**

**All events held at
Pirate Park, Fishermead
MK62LA**

1st August 2pm - 4.30pm
17th August 10am - 12.30pm
29th August 2pm - 4.30pm

Session run by MKPA
**All children must be accompanied by an adult
throughout the session**

**Funded By
Campbell Park
Community
Council**



Kid's Corner



Hello Children,

We hope your Summer Holidays from school are going well, and you are all having fun.

Gosh!! The Spring was a bit hot for me...How did you find the hot weather? It was a bit hot for the small wild animals and our pets. Poor dogs having to walk on the pavements. It must be very hard for them. It is nice to see that some shop owners put out bowls of fresh water for our little friends.

Look out for the New Green Tick Code in our next Homeground Magazine.



In October our **Halloween Tea Party** has been changed to a Community Fancy Dress Party & Autumn Festival. We will still be having lots of fun, fancy dress is your own choice, you can still dress for Halloween if you wish to, but you could also dress as a carrot, or a big cake, "hope no one tries to eat you!", HAHA" Or maybe a chimney sweep, whatever you chose to do is fine with us!!!! We will still do, name the pumpkin and win the balloon. The fun just keeps on coming!!!!

There will be best dressed competition. The event will be on Saturday 28th October at the Springfield Centre – 2pm to 4pm.

All the usual fun, the Reptile man and his creatures, Rebecca our wonderful Face Painter, who did a record amount of faces at Easter.

Councillor Val on the Craft table, myself, Councillor Penny making lots of fun food in the kitchen, Yummy hot brown or white chocolate to drink with squirty cream, coloured sprinkles and marshmallows. The full works!! Yum Yum Yum!!!! Best of all it is all free for you to enjoy.

Pets Club.... Do you remember Dawid from Poland? With Shandy his kitten that was 5 weeks old!! He is now 16 weeks old.



Also, I look after 2 stray cats. One of which, Murtle, a fluffy tabby has had 5 kittens. 2 black/white, 2 fluffy tabbys, & 1 fluffy black with white tummy. (photos for you to see). If you have any pet photos or a story about a pet, why not send it into Pets Club to share with everyone?

So, all the usual things to remember:
Stranger Danger. Green Tick Code.

Send in a Poem:

If you send in a poem and it goes into the next Homeground you will win a prize.

Jokes:

Do you have any jokes? If so, send them in and you could also win a prize if we put it into the magazine.

Activity Packs:

We hope you were lucky enough to collect one of our Summer Holiday Activity Packs.

Look after your brothers and sisters if you are out playing.

Make you parents/carers a cup of tea if you are older than 10 years of age.

P.S: If you send anything into Kid's Corner we need to know your name, address, your age, and what school you go to, or we cannot send you your prize.

Cllr Penny.



Picture sent in by Domuas, aged 9yrs.

Nature Watch:

It will soon be time for conkers, The big brown nut in a green case from the Horse chestnut tree. They have big white flowers that turn into the chestnuts. Collect as many as you can and make a hole in the middle, thread with some string and knock conkers together with your friend to see whose falls off first. You could also string as many as you can on a long piece of string to win a prize at the Autumn Festival. Good Luck!!!!



MEET FRIENDS AND NEIGHBOURS
AT OUR WEEKLY

COFFEE MORNING

Every Thursday
Springfield Centre
10am - 12 noon

STARTING
14TH SEPTEMBER



Free drinks
& snacks



Volunteer
helpers needed!

CAMPBELL PARK COMMUNITY COUNCIL